

ENTRY FREE FOR ALL, but
Registration Compulsory



MUMBAI
13 - 15 MARCH 2024
NESCO, GOREGOAN EAST



India's Premium Expo & Sale for Ayush, Yoga, Organics, Ayurveda, Organics, Health, Naturopathy, Consumer, Body & Beauty, etc

AYUSH DIRECTORATE, GOVT OF MAHARASHTRA
AYUSH NATURAL WORLD EXPO, 11 am - 6 pm
TENTATIVE PROGRAM

Co-ordinator: RA Podar Ayurveda Medical College | www.ayushnatural.com | www.organicagro.in

Day-wise Stalls

Day and Date	Stall -1	Stall-2	Stall-3	Stall-3-OPD	CME
Wednesday 13/03/2024	Yoga Area - Dr G D Pol Foundation's YMT Ayu College	Medicinal Plant Exhibition - AVPM's Sion Ayu. College	Ayurvedic Medicinal Formulations Display - R.A.Podar Medical College (Ayu) and AVPM's Sion Ayu. College	1. Dr G D Pol Foundation's YMT Ayu College. - Shalaky OPD 2. AVPM's Sion Ayu. College- Cosmetology and Gynec OPD 3. Smt KGMP Ayurved College- General Opd	Morning 1. Shri NKDC Trust's Nalasopara Ayu College 2. Smt KGMP Ayurved College 3. AVPM's Sion Ayu. College Afternoon 1. School of Ayurveda, D Y Patil Deemed to be University
Thursday 14/03/2024	Yoga Demonstration B R Harne Ayu College	Medicinal Plant Exhibition - AVPM's Sion Ayu. College	Ayurvedic Medicinal Formulations Display- R.A.Podar Medical College (Ayu) and AVPM's Sion Ayu. College	1. R.A.Podar Med. (Ayu) College-Panchakarma, Kayachikitsa, Balrog OPD 2. B R Harne Ayurved College- Balrog OPD	R.A.Podar Med. (Ayu) College
Friday 15/03/2024	Yoga Demonstration Dr G D Pol Foundation's YMT Ayu College	Medicinal Plant Exhibition - AVPM's Sion Ayu. College	Ayurvedic Medicinal Formulations Display- R.A.Podar Medical College (Ayu) and AVPM's Sion Ayu. College	R.A.Podar Med. (Ayu) College- Kayachikitsa, Stri roga OPD	R.A. Podar Med. (Ayu) College

CME Schedule - Day 1 (13th March 2024)

Timings	Speaker	Topic	Chairperson	Co-chairperson
Morning Session - 10:30 am to 1:30 pm (Shri NKDC Trust's Nalasopara Ayu College, Smt KGMP Ayurved College, AVPM's Sion Ayu. College)				
10:30 am to 10:50 am	Dr. Asmita Shankar Bansod	Diabetes Etiology and Complications	Dr. Rutuja Omprakash Dube	Dr. Swati Ranjeet Sawant
Inauguration Ceremony 10:50 am to 11:10 am				
11:10 am to 11:30 am	Dr. Sachin Khushalrao Kudmate	Prameha-Panchakarma Chikitsa	Dr. Tilottama Arunrao Satpute	Dr. Jyoti Mukesh Rathi
11:30 am to 11:50 am	Dr. Sarita Pramod Pasi	Prameha Chikitsa - Rasakalpa / Rasa aushadhi	Dr. Vasant Baburao Wallepwar	Dr. Pooja Prasanna Purohit
12:00 am to 12:20 pm	Dr.Kalpesh Chaudhari/Dr.Mukesh Shukla	Vasantik Vaman		
12:30 pm to 12:50 pm	Dr.Jyoti Girigosavi	Shaundarya Shastra	Dr. G. R. Asore / Dr. Rajshree Gavand	
1:00 pm to 1:20 pm	Dr. Rajshree Gavand	Therapeutic uses of Kitchen spices	Dr. Priya Walwatkar / Dr. Jyoti Girigosavi	
1:20 pm to 1:30 pm	Vote of Thanks, Felicitatation and Conclusion of Morning Session			
Lunch Break 01.30 pm - 2:00 pm				
Afternoon Session- 2:00 pm to 4:00 pm (School of Ayurveda, D Y Patil Deemed to be University)				
2:00 pm to 2:20 pm	Dr. Mrudul Chitrakar	Ahar ani Arogya	Dr. Maheshkumar Harit	Dr. Mangala Wange
2:30 pm to 2:50 pm	Dr. Ritu Wadhwa	Ritu wise Shodhana	Dr. Hema Waghulade	Dr. Divya Ramugade
3:00 pm to 3:20 pm	Dr. Charusheela Giri	Sampanna and Rasayan Dravyas - Utility in daily	Dr. Chavan Santosh	Dr. Rupali Gatifane

CME Schedule - Day 2 (14th March 2024)

Timings	Speaker	Topic	Chairperson	Co-chairperson
Morning Session- 10:30 am to 1:30 pm (R.A. Podar Medical College (Ayu) Worli, Mumbai)				
10:30 am to 10:50 am	Dr. Madhuri Bhandare	Marma Therapy an innovative therapeutic procedure in Shalya Tantra	Dr. Seema Bahatkar	Dr. Rekha Kuwar
11:00 am to 11:20 am	Dr. Vidya Jangle	Different treatment modalities of anorectal diseases	Dr. Sheetal Lodha	Dr. Rutuja Gaikwad
11:30 am to 11:50 am	Dr. Shrikant Wakudkar	Effect of Ksharsutra & Ksharsutra & Kshar Dhavan in Recurrent post operated Sinus	Dr. Sheetal Lodha	Dr. Rutuja Gaikwad
12:00 am to 12:20 pm	Dr. Swapnil Sankpal	Gadget induced Eye Diseases	Dr. Ravi More	Dr. Milind Gore
12:30 pm to 12:50 pm	Dr. Sarla Dudhat	Netra roga - Kriya kalpa	Dr. Ravi More	Dr. Milind Gore
1:00 pm to 1:20 pm	Dr. Dhanashree Baswat	Ayurvedic management of Sarvasara Mukhroga with special reference to Oral Submucosal Fibrosis	Dr. Ravi More	Dr. Milind Gore
Lunch Break 01.30 pm - 2:00 pm				
Afternoon Session- 2:00 pm to 5:00 pm (R.A. Podar Medical College (Ayu) Worli, Mumbai)				
2:00 pm to 2:20 pm	Dr. Seema Bahatkar	Skin disorders – Ayurvedic View	Dr. Jyoti Meghdamber	Dr. Madhuri Bhandare
2:30 pm to 2:40 pm	Dr. Sheetal Lodha	Snehapan – A effective treatment modality	Dr. Prashant Dalvi	Dr. Vidya Jangle
3:00 pm to 5:00 pm - Paper Presentations				

CME Schedule - Day 3 (15th March 2024)

Timings	Speaker	Topic	Chairperson	Co-chairperson
Morning Session- 10:30 am to 1:30 pm (R.A. Podar Medical College (Ayu) Worli, Mumbai)				
10:30 am to 10:50 am	Dr. Shubhangi Thakur	Understanding Childhood Obesity	Dr. Manoj Gaikwad	Dr. Rekha Kuwar & Dr. Pradnya Kapse
11:00 am to 11:20 am	Dr. Manoj Gaikwad	Suprajanan	Dr. Santosh Girbide	Dr. Shubhangi Thakur
11:30 am to 11:50 am	Dr. Prashant Dalvi	Garbhini Paricharya	Dr. Sheetal Lodha	Dr. Rutuja Gaikwad
12:00 am to 12:20 pm	Dr. Amrita Mishra	Gadget induced Eye Diseases	Dr. Santosh Girbide	Dr. Shubhangi Thakur
12:30 pm to 12:50 pm	Dr. Sarla Dudhat	An Evidence based Ayurvedic approach for the management of various Gynaecology disorders	Dr. Santosh Girbide	Dr. Shubhangi Thakur
1:00 pm to 1:20 pm	Dr. Rutuja Gaikwad	Santatti Pratibandhak Upay	Dr. Manoj Gaikwad	Dr. Prashant Dalvi
Lunch Break 01.30 pm - 2:00 pm				
Afternoon Session- 2:00 pm to 5:00 pm (R.A. Podar Medical College (Ayu) Worli, Mumbai)				
2:00 to 5:00 pm - Paper Presentations				

Special Thanks

1. **R A Podar Medical College (Ayu) Worli, Mumbai**
Dean - Dr. Sampada Sant
2. **Dr G D Pol Foundation's YMT Ayurved College- Kharghar, Navi Mumbai**
Principal - Dr Sanjeev Yadav
3. **School of Ayurveda, D.Y.Patil deemed to be University, Nerul, Navi Mumbai**
Dean - Dr Mahesh Kumar Harit
4. **AVPM's Ayurved Mahavidyalaya, Sion, Mumbai**
Principal - Dr Sanjay Satpute
5. **Smt KGMP Ayurved College, Charni Road, Mumbai**
Principal - Dr Ajay Salunke
6. **NKDC Trust's Ayurved College Nallasopara-Palghar**
Principal - Dr. Hemalata Shende
7. **B R Harne Ayurvedic Medical College, Vangani**
Principal - Dr. Aditi Pimpalkhare